

Châteauguay, March 2022

Subject: To parents of childs in kindergarten. School year 2022-2023

Dear parents,

You have registered your child in kindergarten for the coming school year. The CLSC and Ambulatory care services of the CISSSMO (nurse, dental hygienist and social worker) will be present throughout the year to provide information and offer preventive as well as follow-up services to the children of the school.

However in order for your child to be well prepared, we would ask you to pay particular attention to the following points before your child begins school in September.

Vaccination

Between the ages of 4 and 6, a booster shot (diphtheria, pertussis, tetanus, polio and chickenpox) is recommended. There are several vaccination clinics by appointment, offered throughout the year at different sites of the CLSC territory. To book an appointment for these vaccines, you can go to the website: <https://portal3.clicsante.ca/> or call the CLSC at **450 454-4671 poste 6293**.

Avoid the September school rush, and do it now.

Vision

It is important for your child to have a complete eye examination by an optometrist before beginning school. An annual eye examination is free for children up to 18 years of age.

Dental health

Treatment, prevention and good oral hygiene are extremely important. Your child should see the dentist once or twice a year, as of the age of 3. If he/she has not already been seen, please make an appointment for a free examination.

Health problems

If your child has a particular health problem (physical handicap, severe illness, or severe allergy requiring the possible administration of epinephrine) It is important that you complete the health form provided by your school, who will send it to the CLSC, and you will be contacted by them in order to review your childs health problems and the need for an intervention plan to be established prior to school beginning.

We thank you for the attention to this matter,
Yours Sincerely,

The School Nurse Team
CLSC and Ambulatory Care Services of the CISSSMO